

Ready, Connect, Launch!

Student-centered events launching youth to **THRIVE**

These events are fun & interactive collaborative learning experiences that bring together **students & adults** from the school and community to connect & grow life-long resiliency skills. Research-backed PHlight Clubs for secondary students & PHlight Camps for primary students:

- ◆ Connect life, leadership, and communication skills
- ◆ Strengthen student-to-adult relationships & support networks
- ◆ Enhance health & wellbeing
- ◆ Bolster student engagement, motivation & achievement
- ◆ Improve school climate for students & staff

Learn more@



PHlight Camp

for students in Grades K-5

These camps blend play with purpose for students to understand how adults in their lives support them in learning and growing.

- ◆ Uses movement, creativity, reflection, verbal & nonverbal expression
- ◆ Engages critical thinking for seeing how adults are caring, fun, honest, and helpful
- ◆ Reflect on & use their personal strengths
- ◆ Practice communication skills in an active & engaging environment
- ◆ Leave with a better understanding who supports them, the different ways they are supported, and feeling more confident.



PHlight Club

for students in Grades 6-12

An innovative blend of leadership and team-building, these highly engaging events build trust and equitable rapport between students & adults.

- ◆ Solving challenges
- ◆ Explore what it means to strengthen their healthy relationships
- ◆ Discover value in themselves & each other
- ◆ Gaining confidence and empowerment to build stronger support networks
- ◆ Leave with a deep understanding of their Full-Color Web of Support™
- ◆ Measure their strengths using the online Student Support Card™ assessment (optional)



Let's talk over the options!
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